

The 6 Habits Exercise.

Exceptional teams don't just happen — they're built through ongoing reflection, dialogue, and growth. Our **6 Habits** define what sets the best executive teams apart.

Use these questions to spark candid dialogue with your team, uncover team strengths and blind spots, and identify opportunities to elevate team performance.

Ready to go further? Our team development process helps you embed these habits and achieve breakthrough results.

COHESIVENESS

What does success look like for our team? What are our top priorities for achieving that success?

HEALTHY CLIMATE

To what degree do we demonstrate candor and openness with each other, and what impact does that have on our results?

ACCOUNTABILITY

How well do we balance supporting each other with challenging each other to raise our level of performance?

CHANGE COMPATIBILITY

How can our team respond more productively to change, even when we may not all agree with the change?

INNOVATIVE THINKING

Where are we still doing things the way they've always been done, and what fresh approaches could we try?

ENTERPRISE MINDSET

Where do we still operate in silos, and what would it look like if we truly acted as one enterprise team?

Curious to learn more?

Contact

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What are the 6 Habits of a High-Performing Team?

Exceptional teams don't 'just happen', they are developed. Through 20+ years of experience and research, we've identified the practices that differentiate high-performing teams from the rest.



Climate: A healthy climate fosters trust, respect, candor, and open communication.



Cohesiveness: Cohesive teams are laser focused on *where* they are going, and *how* they will get there.



Accountability: High-Performing teams own their behavior and take responsibility for individual and collective results.



Enterprise Mindset: With a first-team mindset, leaders act as one team - aligning decisions in service of the entire organization.



Change Compatibility: Thriving teams adapt quickly and perform consistently in the face of constant change.



Innovative Thinking: Innovative teams embrace learning, take smart risks, and don't fear mistakes - they challenge assumptions and continuously seek better ways forward.

Want to learn more about the 6 Habits?

**Share the 6 Habits Video Series
with your Team!**